



The Week of January 24 – 27, the Office of National Veterans Sports Programs and Special Events will partner with the U.S. Paralympics to host a first of its kind, Rehabilitative Adaptive Sports Training Conference in Colorado Springs, Colorado.

With a curriculum developed by the U.S. Paralympics, this unique conference is intended to help VA employees who work directly with disabled Veterans. The conference will focus on rehabilitation and participants will receive tools and resources to enhance adaptive sports and recreation programs for Veterans with disabilities. They will also gain a better understanding of adaptive sports within the VA health care system and learn about opportunities for collaboration and partnerships with adaptive community sports and recreation organizations.

"I'm looking forward to having these VA professionals from around the country come together for a week of learning and sharing," said Christopher J. Nowak, Director, VA Office of National Veterans Sports Programs and Special Events. "I believe that if we can help get more Veterans and active duty members involved in adaptive sports then we truly can redefine Veterans wellness."

Across the country, community-based adaptive sports programs are partnering with VA to welcome disabled Veterans into local sports programs. Research shows that disabled Veterans who participate in adaptive sports lead healthier and active lives, have an increase in self-esteem and improved health. No matter what your physical, mental or visual disability is, there is an adaptive sport for you.

Find out how you can get started in your community by utilizing the 'Find a Sports Club' feature on our website.

VA National Veterans Sports Programs & Special Events

810 Vermont Avenue, NW
Suite 915B
Washington, DC 20420